

BOYS' AND GIRLS' SWIMMING

2016-2017

1. SEASON OF PLAY

Girls = Winter Season

Boys = Winter Season

2. LEVELS OF COMPETITION

Junior Level

Boys and Girls

Senior Level

Boys and Girls

Open

Boys and Girls

Para

Boys and Girls

3. ELIGIBILITY

Team Eligibility-OFSAA Swimming is classified as a Team Sport. Only bona fide members of a school team which is coached by a staff member from that school may enter the OFSAA Championship.

A school team is defined as a team composed of a minimum of six (6) members who train as a team for at least two (2) consecutive months from September to March involving at least two (2) pool practices per week under the direction of a coach.

A coach is a teaching staff member of that school who is responsible for the team and is present at a majority of practices and all competitions. This may still allow for coaching assistance of a purely technical nature.

A bona fide school team member is a student from that school who actively participates as a swimmer in the majority of practices of his/her school team.

In the event of a lack of available pool time, a school can petition to be declared eligible under the signatures of the coach and principal.

Attendance at ten (10) practices is to be verified by the completion of a practice eligibility form by the coach and principal.

Para athletes with a S14 classification are permitted to compete until the age of 21 and shall be eligible for no more than seven (7) consecutive years from the date of entry into Grade 9.

Classification of swimmers is as follows:

Para Swimmers

- All swimmers with a disability who meet the eligibility requirements and who are bona fide members of the school team compete in this division.
- All Para swimmers will compete in **one** division.

- All Para swimmers must have classification provided by accredited classifiers, to compete in the NRHSAA Swimming Championships. All classification information and forms can be found on the OFSAA Swimming Championship website every year.
- Classification for Para swimming Competitors at the **OFSAA level only**:
 - S1-10 are physical impairment
 - S11, S12, S13 are visual impairment
 - S14 are intellectual impairment

Note: SNC chart will be used to score the S1-S14 categories.

Open Division – Junior and Senior Combined

- A swimmer who has competed for and/or trained with and/or been registered with a SNC club or equivalent as of November 1st of the year prior to the current school year shall be eligible to compete in the Open Division **only** provided that he/she is a bona fide member of the school team. (SWC = Swimming/Natation Canada)
- A swimmer who, during the current school year, has competed for and/or trained with and/or been registered with a non SNC competitive aquatic club shall be eligible to compete in the Open Division **only**, provided that he/she is a bona fide member of the school team.
- A “**non-SNC competitive aquatic club**” is defined as a club OR program in which athletes practice AND/OR compete outside the school curricular and/or extra-curricular programs. Clubs or programs may include, but are not limited to, swimming, synchronized swimming, water polo and triathlon.
- A swimmer who, during the current school year, receives any coaching and/or training outside of his/her high school curricular or extra-curricular program shall be eligible to compete in the Open Division **only** provided that he/she is a bona fide member of the school team.
- If a **grade 9 swimmer** has ceased to compete for and/or train with and/or is no longer registered with a SNC or non-SNC competitive aquatic club after November 1st of the current school year, he/she shall be eligible to swim in the high school division.
- If a grade 9 swimmer has ceased to receive coaching and/or training, outside of his/her high school curricular or extra-curricular program after November 1st of the current school year, he/she shall be eligible to swim in the High School Division.

High School Division – Junior and Senior

- All other swimmers (i.e. not Para-swimmers or OPEN as defined above) who meet the eligibility requirements and who are bona fide members of the school team compete in the High School Division.

Junior: the individual's birth certificate indicates that he/she has not reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held

Senior: the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held

4. ELIGIBILITY SHEETS

The eligibility sheets must be received by the Convener 5 days prior to the start of the Zone Meet.

Eligibility sheets must indicate experience category (as outlined in #12 - Section 2). Eligibility sheets are to verify that each swimmer is a bona fide member of the school team. Eligibility sheets must be signed by both coach and school principal.

5. START TIME

Meet starting times will be determined after the organization meeting held by the Convener.

6. MEET AND CHAMPIONSHIP FORMAT

The format for zone meet competitions and championships will be discussed at the Conveners Individual Sport Body Meeting. All schools participating are to send a representative to the Convener's Individual Sport Body Meeting otherwise forfeit all **rights for input in** the Meet and Championship format.

FOR THE 2016-2017 SCHOOL YEAR, ALL SWIMMERS WHO COMPETE AT THE NCAA QUALIFIER AND THE NRHSAA QUALIFIER WILL AUTOMATICALLY QUALIFY FOR THE ZONE CHAMPIONSHIP MEET.

7. ENTRY

- Each competitor may enter a maximum of three individual events and two relay events.
- Three entrants per event per school maximum for each category (individual events). In addition, exhibition swimmers must be limited to a maximum of three (3) per event, per school. (as of October 2014)
- One relay team per event per school maximum in each category (relay events). In addition, exhibition relays be limited to a maximum of one (1) per event, per school. (as of October 2014)
- A relay team may be made up of six (6) competitors, any four (4) of whom may swim, but for all six (6) listed the relay is considered an event
- For the OPEN relays, teams may consist of swimmers from the HIGH SCHOOL Division; the OPEN Division; or ANY COMBINATION thereof.
- There will be an **ENTRY FEE** for each competitor per event including relays to cover pool rental and ribbon costs.
- In Para swimming events, a school may enter any number of para-swimmers but only with the top TWO scoring in EACH event.

8. SUBSTITUTIONS

Substitutions are not allowed on the day of competition.

9. EVENTS

JUNIOR	SENIOR	OPEN	PARA
		200 m individual medley	
200 m medley relay	200 m medley relay	200 m medley relay	
200 m freestyle **	200 m freestyle	200 m freestyle	
100 m individual medley	100 m individual medley	100 m individual medley	
50 m freestyle	50 m freestyle	50 m freestyle	50 m freestyle
50 m butterfly	50 m butterfly	100 m butterfly	
100 m freestyle	100 m freestyle	100 m freestyle	100 m freestyle
50 m backstroke	50 m backstroke **		50 m backstroke
50 m breaststroke	50 m breaststroke **		
100 m backstroke	100 m backstroke	100 m backstroke	
100 m breaststroke	100 m breaststroke	100 m breaststroke	
200 m freestyle relay	200 m freestyle relay	200 m freestyle relay	

**These events are not qualifying events for OFSAA but provide inexperienced swimmers an opportunity to compete.

10. RULE BOOK

The Canadian Amateur Swimming Association Rules shall govern competition.

11. SCORING

Individual Points Will Be Awarded as Follows:		Relay Points Will Be Awarded as Follows:	
1 st	9	1 st	18
2 nd	7	2 nd	14
3 rd	6	3 rd	12
4 th	5	4 th	10
5 th	4	5 th	8
6 th	3	6 th	6
7 th	2	7 th	4
8 th	1	8 th	2

Ribbons will be awarded to place winners in each category.

The winning school shall be determined by who has the most points.

12. ZONE ENTRIES AND ADVANCEMENT TO THE OFSAA COMPETITION THROUGH A SOSSA MEET

The top three (3) or four (4) swimmers in each individual event and the top three (3) or four (4) teams in each relay event from each Zone will advance to the SOSSA championships. This will be determined by the SOSSA convener. Only OFSAA events will be offered at the SOSSA championships.

Para-swimming EVENTS: A secondary school may enter any number of para-swimmers with only the top TWO scoring in each event at OFSAA.

13. SOSSA BOYS' AND GIRLS' SWIMMING

The championship will held in the winter at least one week prior to the OFSAA.